



Robert P. Astorino, Westchester County Executive

NEWS RELEASE

Cheryl Archbald, MD, MPH, Acting Commissioner, Department of Health
Ned McCormack, Communications Director
Contact: Caren Halbfinger (914) 813-5013 / after hours: 813-5000

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HEALTH DEPARTMENT HOSTING COMMUNITY BLOOD DRIVE

The Westchester County Department of Health, in conjunction with the New York Blood Center, is hosting a community blood drive on Wednesday, June 2, from 9:30 a.m. to 3:30 p.m., outside the Health Department's main office building located at 145 Huguenot Street in New Rochelle.

All blood draws will take place in a mobile facility in front of the building. Please call Maria Palumbo at (914) 813-5012 to schedule an appointment. For medical eligibility questions, please call 1-800-688-0900.

Typically, during the summer vacation months, blood donations are reduced by busy lifestyles. Unfortunately, the need for blood is not reduced. Every minute of every day, someone needs blood and that blood comes from volunteer donors who make the noble choice to donate.

If you will be taking part in the Health Department blood drive, here's a list of simple things that you should do:

- Be sure to eat a healthy meal and drink plenty of fluids prior to donating blood.
- Wear clothing with sleeves that can easily be rolled up above the elbow.
- Bring a list of medications you are taking that includes all prescription and/or over the counter medications
- Bring your donor card, if you've given blood before.
- Bring a photo ID, and,
- Bring along a friend so that you both can enjoy participating in this important activity, as blood donations save lives.

For more information about the upcoming blood drive, visit the Health Department's website at www.westchestergov.com/health.